

## SUMMIT POINTE JOB DESCRIPTION

<b>Job Title:</b> MST Therapist	<b>Position Category:</b> Union/Non-exempt
<b>Reports to:</b> Director of Youth Services	<b>Grade Level:</b> 5
<b>EEO Category:</b> 2	<b>EEO Job Group:</b> 2

### Key Responsibilities and Accountabilities:

Therapist shall be actively involved in the development and implementation of the MST-PSB Program. MST is an intensive family and community-based treatment that addresses the multiple determinants of serious anti-social behavior in juvenile offenders. The multi-systemic approach views individuals as being nested within a complex network of interconnected systems that encompass individual, family and extra familial (peer, school, neighborhood) factors. Primary goals of MST are to eliminate, or significantly reduce, the frequency and severity of a youth's referral behaviors(s); and empowers the parents with the skills and resources needed to independently address the inevitable difficulties that arise in raising children and adolescents; and to empower youth to cope with family, peers, school, and neighborhood problems. Treatment goals shall be identified and written objectively and shall be easily measurable; will focus directly on the referral/target behavior(s); and will incorporate desired outcomes of caregivers and other key participants. The therapist will conduct MST assessments and individualized plans of service. Maintains record compliance within agency requirements and standards utilizing electronic/hard copy record formats. Shall ensure compliance and participation with competency improvement activities including, but not limited to, credentialing, continuing education (per licensure requirements or minimum of 24 hours per year of clinically based trainings), implementation of evidence based practices, peer review attendance, and professional improvement practices. After-hours on-call availability required. CAADC required or willingness to work toward CAADC. Demonstrates excellent organizational, communication, computer, analytical and problem-solving skills. Shall be self-directed and resourceful. Participates in corporate quality improvement and problem solving activities. Maintains confidentiality and privacy within MDHHS, state and federal guidelines. Utilizes knowledge of CARF, CMS, MDHHS and Managed Care standards. Performs other duties as required.

### Qualifications and Capabilities:

- Master's Degree in Psychology, Social work or related field with Certification in the State of Michigan as a Licensed Master's Level Social Worker (LMSW) or Limited Licensed Psychologist (LLP) or Licensed Professional Counselor (LPC).
- Must meet requirements of a Child Mental Health Therapist as identified by the Michigan Department of Community Health.
- Two years of experience in providing adolescent behavioral healthcare.
- Must participate in all MST required trainings; conducting YASI Full Assessments; and CAFAS training modules.
- Specialized training, skills and abilities: Lived experiences with behavioral health issues are desired.

- One year of computer experience – Word, Excel and electronic medical record software preferred.

**Essential Function:**

This position will be knowledgeable about and actively support: 1)culturally competent, recovery-based practices; 2)person-centered planning as a shared decision making process with the individual, who defines his/her own life goals and is assisted in developing a unique path toward those goals; and 3)a trauma informed culture to aid individuals in their recovery process.

**Trauma Informed System of Care:**

A trauma-informed approach to service delivery emphasizes physical and emotional safety, choice, empowerment, and trustworthiness for customers. The impact of trauma is broad and touches many life domains. Participation is mandatory for activities required for Summit Pointe to become a “Trauma Informed System of Care.”

**Physical Environment/Work Conditions:**

- Professional office environment that generates noise from computer equipment/peripherals.
- Sometimes lifts, carries, or moves objects up to 25 lbs.
- May be required to work variable hours/shifts.
- Qualify for and retain a Summit Pointe driving permit – if utilizing agency vehicles or transporting customers – with the potential for exposure to automobile accidents causing possible bodily damage.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_