

# Home and Community Based Services Rule Workshop

August 30, 2021



# Welcome!!!

- Thank you all for your time today!
- Ground Rules for Engagement today
  - Full Participation
  - Cameras on
  - Mute – unless called up
  - Questions during presentation – please put questions in the Chat or use the Raise Hand option

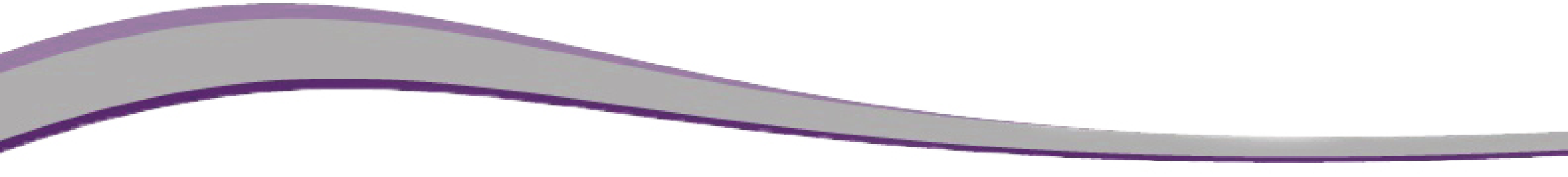


# Introductions

- Name
- Company
- Your Role within the company/Years of Service
- Name 1 thing you know about HCBS




# History of Home and Community Based Services Rule

- On March 17, 2014 :
    - Enhancing access to the community,
    - promoting the delivery of services in more integrated settings,
    - and expanding the use of person-centered planning.
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# History of HCBS

- Medicaid Manual updated to include HCBS section in January 1, 2018



Michigan Department of Health and Human Services

## Medicaid Provider Manual



Michigan Department of Health & Human Services

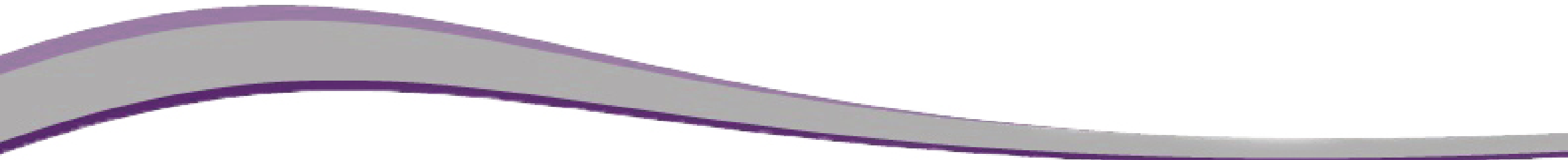
### HOME AND COMMUNITY BASED SERVICES

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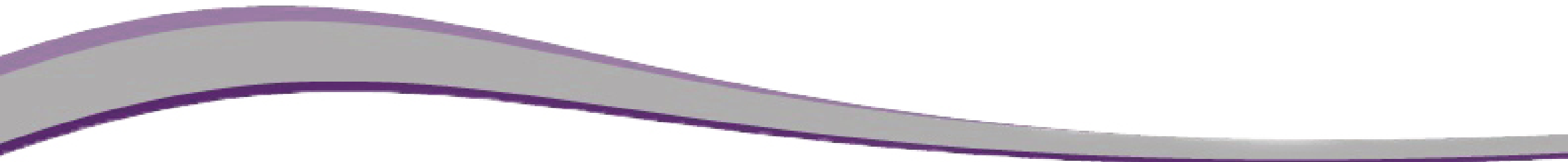
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# Compliance with final rule

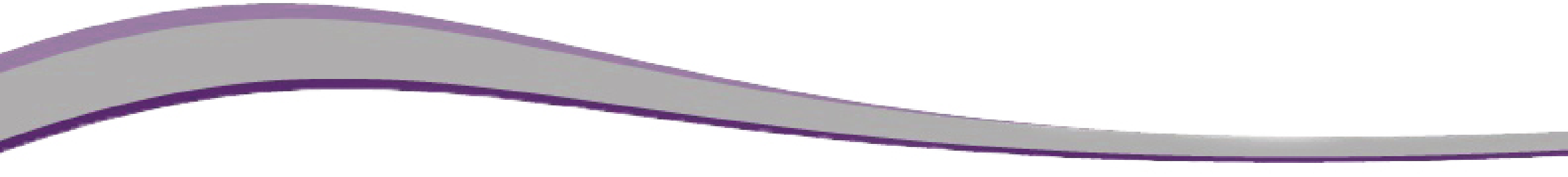
- If you existed prior to 2014, must be in compliance by March 2023
- New provider need to in compliance prior to credentialing
  - Covid exceptions
  - Catching up now



# HCBS and Recipient Rights



# Home and Community Based Rule con't

- Choice (what I do, what I eat, what I wear and where I live)
  - Access (kitchen, laundry, community, etc)
  - Privacy (personal, social and possessions)
- 
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# Home and Community Based Rule-- Choice

## Choice

### Address

visited prior to moving

### Meals

able to eat when needed ; able to follow dietary needs

### Community

leaves home and partipates in community activities

### Décor

room and self

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# Home and Community Based Rule-- Access

## Access

### Kitchen

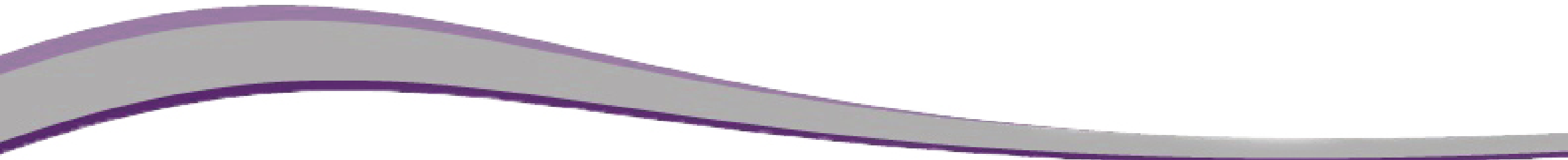
food is unlocked and available; needed items available

### Laundry

machines and soap available

### Community

able to go into the community



# Home and Community Based Rule--- Privacy

## Privacy

### Personal

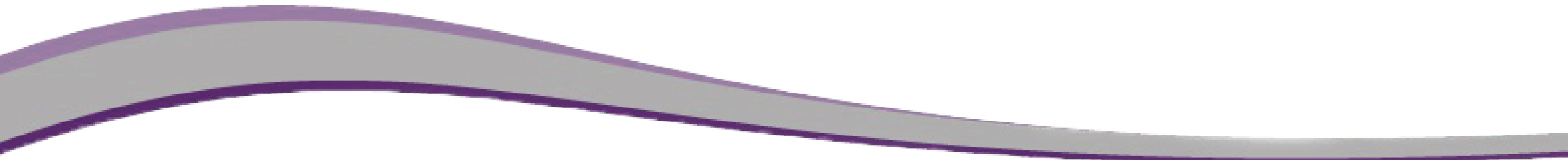
ability to lock bedroom and bathroom

### Social

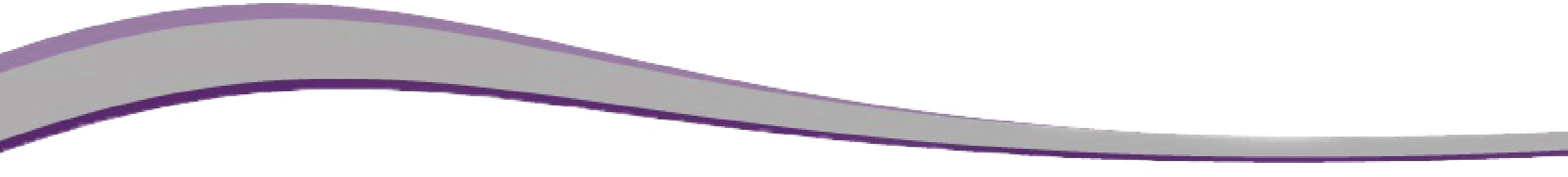
place to have private conversations (phone; in person)

### Possessions

area to lock personal belongings/ especially is sharing



# Areas of Focus for FY 22

- Physical Appearance of home
    - Readiness Tool (residential and community based tools)
    - Joint Document
  - Home and Community Based Spirit of employees (staff and managers)
    - Training for staff
    - Discussed frequently
  - Policies/statements
- 
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# Focus Area: Physical Appearance

- Does it look like a typical community family home? Inside and out?
  - Signs/fences
  - Postings
  - Old locks and hinges for locks
  - Door buzzers/window/ that are no longer in use

# Focus Area: Physical Appearance

Things that can take away from a “home like” atmosphere:

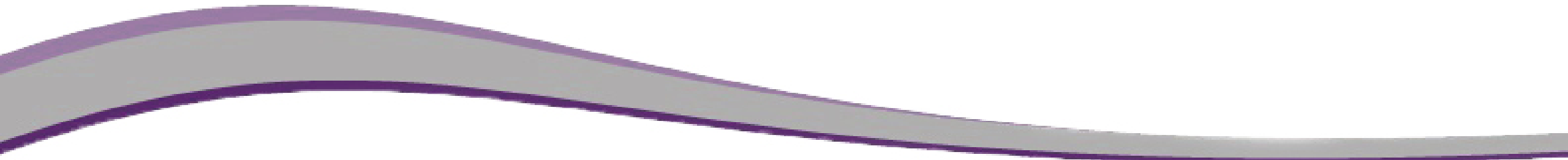
- past locks/hinges still on cabinets that used to be locked

- past chimes thingy on doors

- commercial grade hand dryers

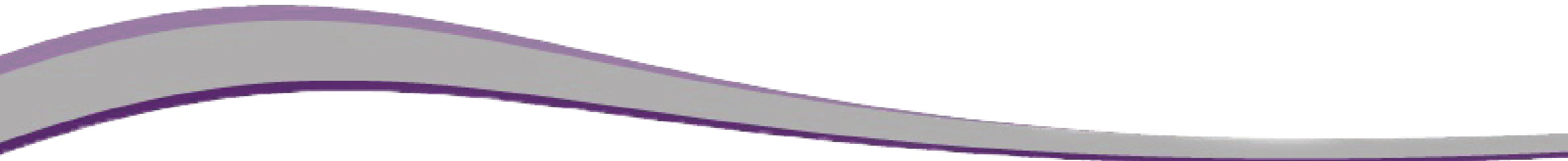
- pay phones

- cafeteria style tables for dining



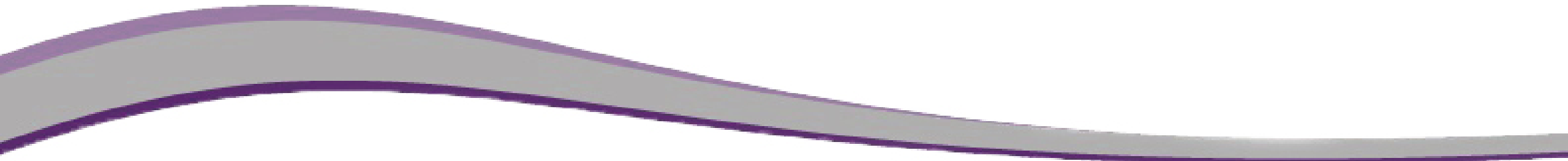
# Focus Area: Spirit of Home and Community Based Rule

- Staff Training
  - From top down
- Training Resources for Direct Care Staff



# Focus Area: Spirit of Home and Community Based Rule

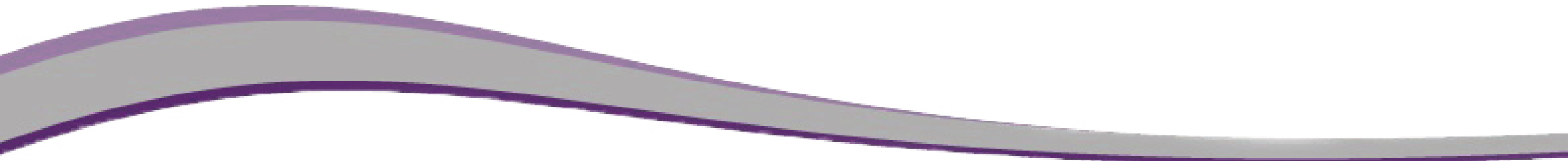
- Flexibility in Scheduling
  - Empower staff to problem solve to accommodate outings





# Focus Area: Spirit of Home and Community Based Rule

- Attitude
  - Emphathy
  - “Non punishment” attitude: IR is not a “write up”



# Documenting exceptions/restrictions

Restrictions are not for everybody!

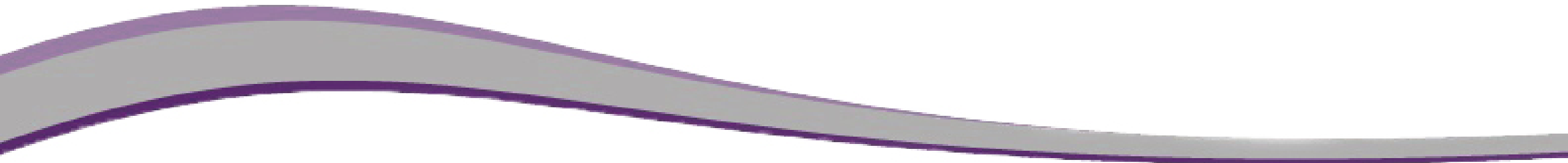
Home should not have restrictions for everybody, and then the resident needs to work around the restriction if they don't have that need.

Examples: kitchen is locked and doors have codes to exit

Once a restriction is identified as needed:

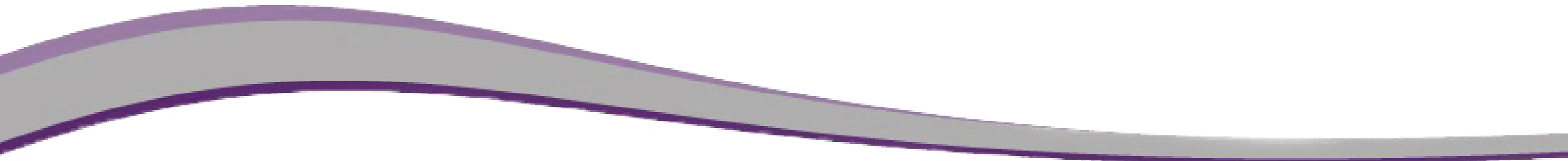
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# Treatment Plan versus Behavior Plan



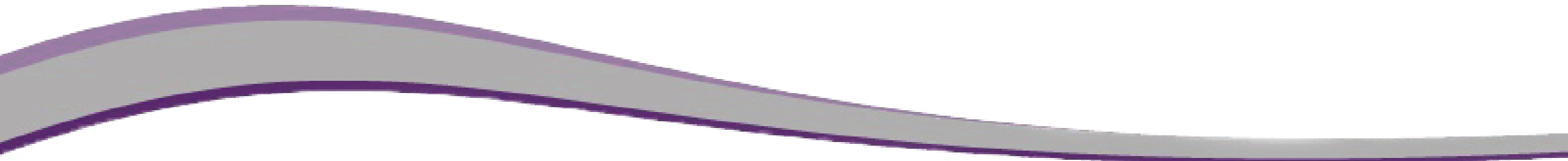
# Focus Area: Policies/Statement

“If it is not documented; we don’t do it”????



# More workshops like this??

- Survey?
  - Behavior Treatment Planning
  - How to work effectively with the Care Managers/Behavior Committee Behavior Aides ??



# Contacts

- Rhea Frietag
  - Elizabeth Wygant
  - Kent Rehmann
  - Cherlynn King
  - Jaime Mason Fedor
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# Resources

- [Link to Medicaid Manual-- HCBS section](#)
  - [Link to HCBS state page](#)
  - [Link to SWMBH HCBS tool](#)
  - [Link to Readiness tools](#)
  - [Link to Direct Care Worker training](#)
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