

# What is Self-determination

**YOU  
ARE IN  
CONTROL!**

Self-determination starts with person-centered planning, but it is much more. You direct what services you want and need based upon your personal preferences.

Self-determination means that you control the supports in your life. Your support may help you with things like: getting out in the community, maintaining a job, or getting ready for your day.

Self-determination is YOUR choice. For more information, please contact your case manager at:

(269) 966-1460



## Self-determination

Self-determination is the belief and value that all people, regardless of their ability, have the right to choose and create a life in their community that is meaningful to them.





## Services

---

Your support coordinator or case manager is responsible for working with you to develop a plan. They can give you information about arrangements, monitor your services, and assist you when you need help.

You manage your services and providers, but your case manager will check in to make sure your needs are being met. You and Summit Pointe will have a written Self-Determination Agreement which describes your rights and responsibilities.

**You may choose any worker who meets the Medicaid provider qualifications for the service or support they is providing.**

As an employer, you can hire the people you like, set their work hours, and choose how your services and supports are provided.

## Fiscal Management Services

---

A Fiscal Management Services (FMS) is an agency that handles your individual budget. The FMS receives funds from Summit Pointe and makes a payment to your workers when they receive assigned timesheet from you. The FMS also handles all of the background checks, trainings, and tax aspects of being an

### Agencies

- HR Alliance
- Stuart Wilson

*Creating a meaningful life in your community that includes freedom, independence, and responsibility.*

Ask your case manager for information about each of the Fiscal Management Services.



When you use arrangements that support self-determination:

- You decide who provides your supports and services
- How, when, and where that support is provided
- How you use staff to enable you to do the things you want to do

## Key Principles

---

**Freedom:** You plan your life with the support that you need.

**Authority:** You control the money for the support you receive.

**Support:** You arrange resources and supports so you can live in and connect with your community.

**Responsibility:** You have a valued role in your community and agree to use public Medicaid wisely.

## Contact Us

Summit Pointe  
140 W. Michigan Ave.  
Battle Creek, MI 49017  
Phone: (269) 966-1460  
Fax: (269) 966-2844  
Visit us on the Web:  
[www.summitpointe.org](http://www.summitpointe.org)

